

Sunday November 9th, Noon-1pm PST
(1-2pm MST; 2-3pm CST; 3-4pm EST)

Live Your Authentic Brilliance

Ever feel stuck and unsure of yourself or your next steps? What do you turn to for guidance? What beliefs or principles anchor you in place when things feel out of control? When I look back on my life and the decisions that led me to where I am today, whether I knew it at the time or not, my spirituality was always there helping me navigate the wilderness. In the moment, there was so much confusion and uncertainty. It is easier to look back and connect the dots in reverse, but I can honestly say, purpose and courage were my two guiding lights. For me, purpose meant being true to my authentic self, and following pursuits that connected with my soul. The courage was my ability to step into the unknown and trust that God had my back. It's been a ton of fun, but definitely not easy.



TRAVIS THOMAS Speaker, Coach, Author

Travis Thomas is a leadership and mindset coach who works with professional athletes and business leaders to be the best versions of themselves. He has a background in improvisational comedy which has allowed him to live his spirituality bigger and more authentically. His second book, "Confidence is Overrated" is available on Amazon. You can find out more about Travis at his website www.LiveYesAnd.com

Hosted by
First Church, Newport Beach
Sunday School

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(Zoom link to be sent to registrants)
Questions: admin@csteentalks.online

Everyone is Welcome
(all ages)